



## MAXIMIZE THE BENEFITS OF RED LIGHT THERAPY

WellFit Skincare Solutions were engineered to maximize the benefits of red-light or other low level light therapies. Red light therapy, also known as low-level laser therapy (LLLT), is a non-invasive treatment that utilizes specific wavelengths of red and near-infrared light to stimulate cellular activity and promote various health and beauty benefits. When used in conjunction with the right skincare regimen, these therapies can deliver enhanced results. Plus, WellFit solutions can be used daily so they seamlessly integrate with your treatment schedule.

### HERE'S HOW WELLFIT® MAXIMIZES THE EFFECTIVENESS OF RED-LIGHT THERAPY

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#### SKIN PREPARATION

Hydrating and collagen-enhancing skincare products complement the effect of light therapy by providing essential nutrients, such as peptides and vitamins, that promote collagen synthesis. The combination of skincare and light therapy optimally improves skin texture and reduces signs of aging.

#### SKIN HEALING + REPAIR

Red light therapy accelerates the body's natural healing processes. When combined with skincare products designed to support skin repair and recovery, it can be particularly effective in addressing issues like acne scars, sun damage, and blemishes. Ingredients like Triluronic Acid and antioxidants found in WellFit can further aid in the repair process by providing necessary protection against free radicals.

#### ENHANCED RESULTS

The synergy between red light therapy and collagen-enhancing skincare creates a cumulative effect. Regular use of both treatments can lead to more profound and longer-lasting results.

#### **Recommended use for Red-Light therapy:**

Use WellFit solutions before or after; optimally pre-red-light treatment.



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