



SESSION EXPERIENCE GUIDE

WellFit is the first automated full-body skincare experience. It delivers science-backed skincare treatments to your entire body in minutes. Here's exactly what to expect, start to finish.

BEFORE YOU STEP IN

A little prep makes every session work harder.

Arrive with clean, dry skin for the best, most even results.

If you use a toner mitt first, let your skin dry fully before stepping in.

Remove clothing to your comfort. The booth is private and open-air.

Remove all jewelry before the session.

CHOOSING YOUR TREATMENT

Match the treatment to what your skin needs most that day. Treatments can be rotated throughout the week.

If your skin...	Choose
Feeling dry, tight, or dehydrated	Hydrate
Want firmer skin or smoother texture	Lift
Skin feels reactive, irritated, uneven, or dull	Balance
Coming from a workout, an active day, or heat	Recover

YOUR SESSION, STEP BY STEP

1

Step In

Enter the heated, open-air booth. The experience is contact-free and comfortable, never enclosed.

2

Follow the Audio

Audio guidance tells you when and how to position, so coverage is complete from every angle.

3

Misted, Head to Toe

The treatment is applied as a fine mist across your full body. The whole session finishes in minutes, one of the fastest full-body skincare experiences available.

AFTER YOUR SESSION

Once the mist settles, you're free to dress and go. There's no complicated routine to follow afterward. Every WellFit treatment is non-irritating, non-sensitizing, and formulated for high-frequency use, so skin feels comfortable, not stripped or tight.

HOW OFTEN TO COME IN

A minimum of three sessions per week delivers cumulative, visible results. Sessions can also be done daily, since every treatment is built for high-frequency use without irritation. Consistency over time is what builds lasting results.

WHEN YOU'LL SEE RESULTS

Most people notice a difference within the first few sessions. Significant, cumulative improvements in hydration, firmness, and skin quality are typically reported after six sessions. The more consistent the routine, the stronger the outcome.

PAIR IT WITH YOUR OTHER SERVICES

WellFit fits alongside the rest of your routine. A few of the most common pairings:

- After a workout, sauna, or cryotherapy, use Recover or Balance to rebalance skin.
- Before a spray tan, use a toner mitt for a clean canvas; after, use Hydrate for longer-lasting results.
- After red light, a shower, or pool time, follow with Hydrate to restore moisture.

See the WellFit Treatment Pairing Guide for the full list.

INSPIRED BY CLEAN BEAUTY

